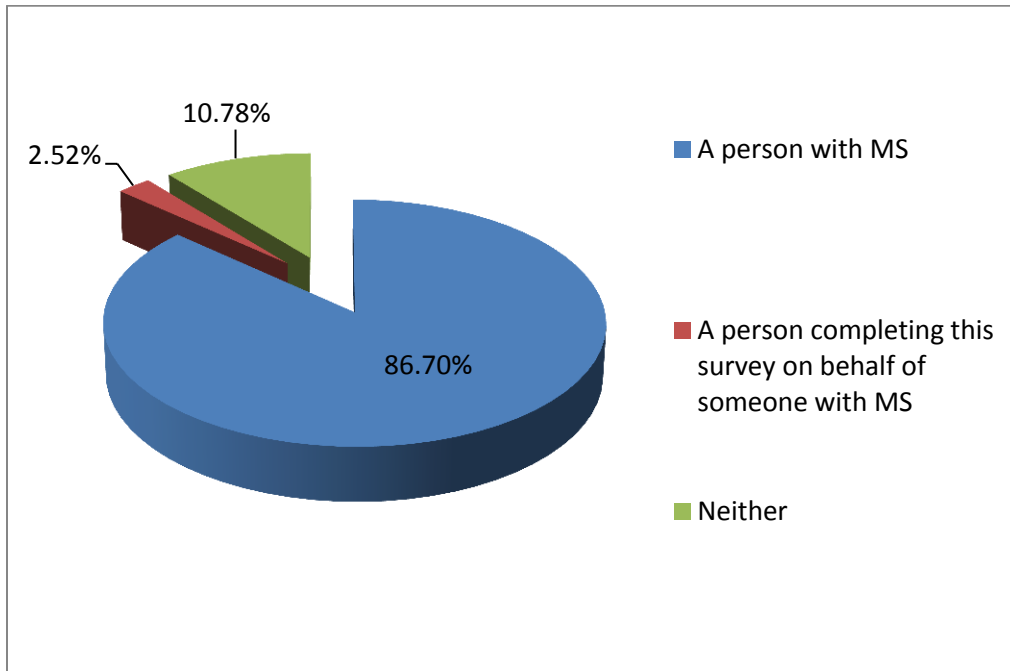


# Walking and MS Survey Results

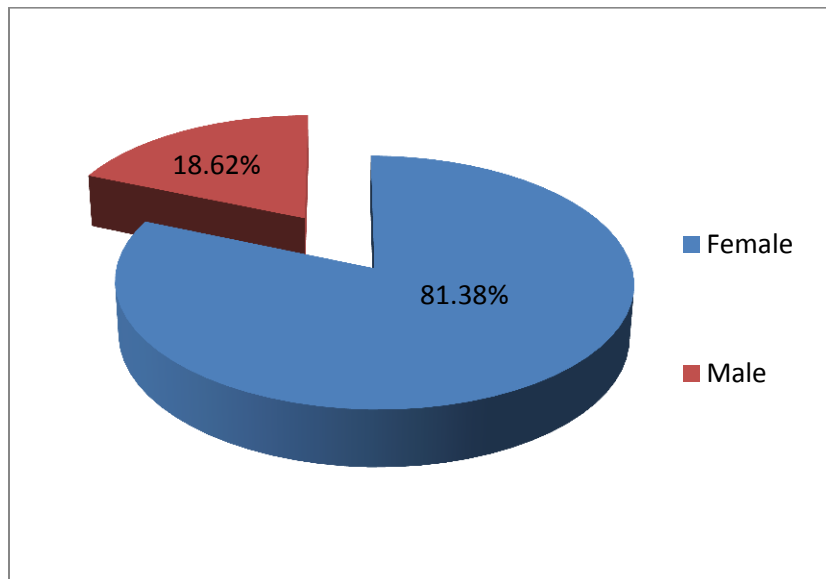
4/14/16

N = 438

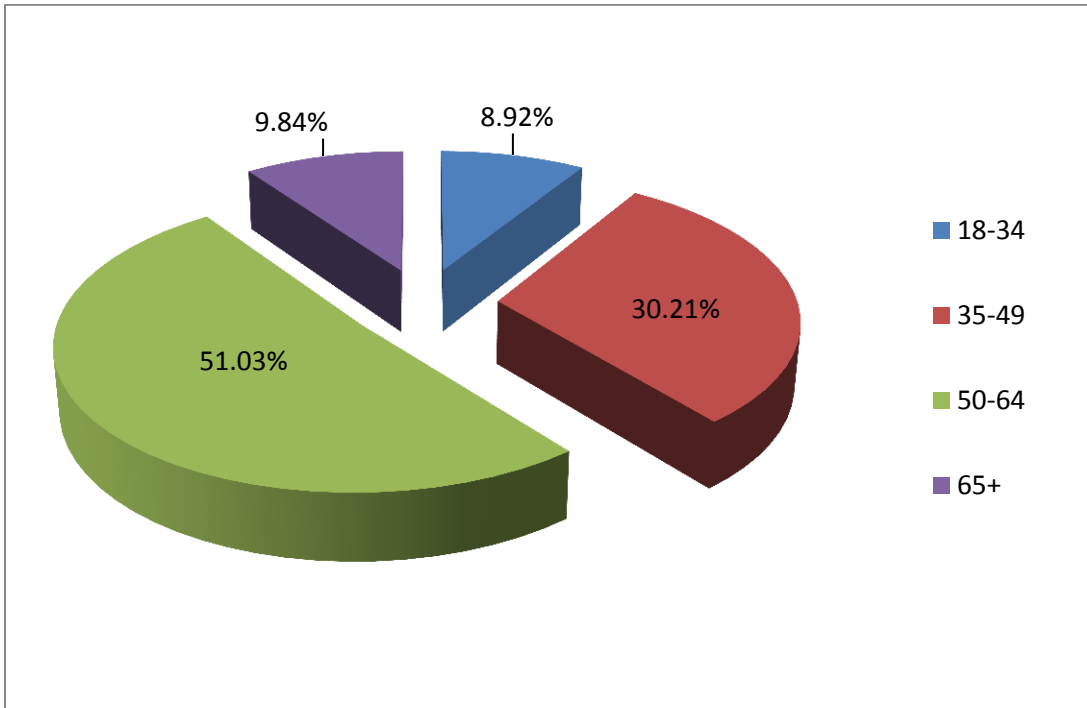
1. Which of the following best describes you?



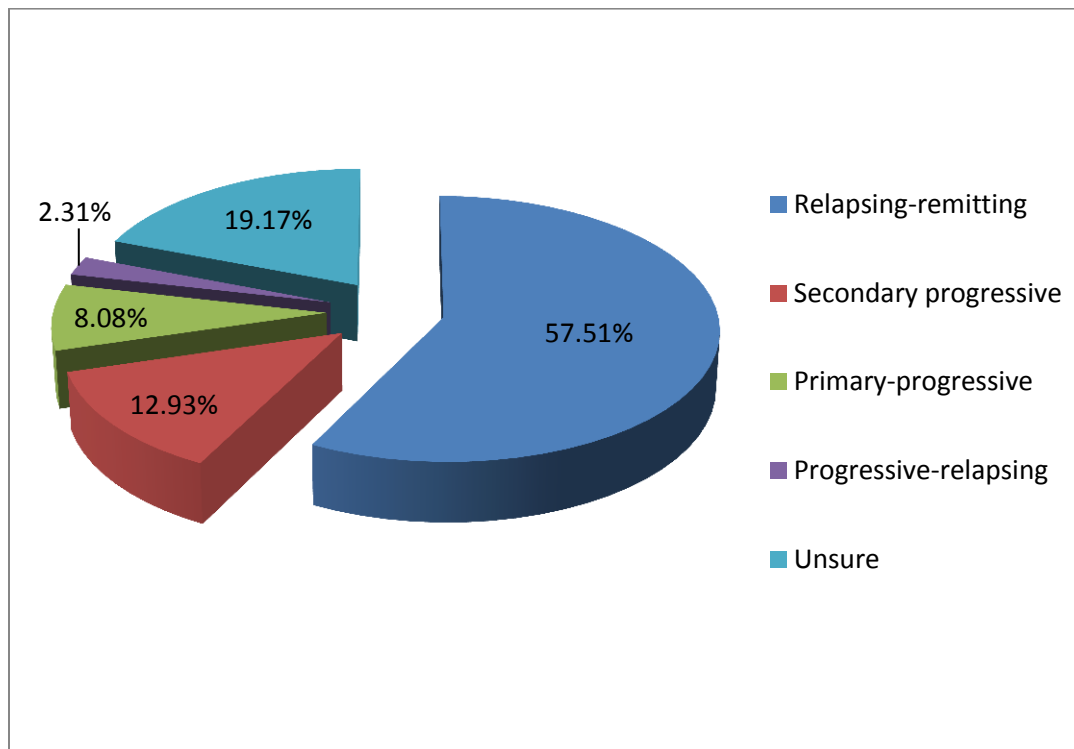
2. Gender



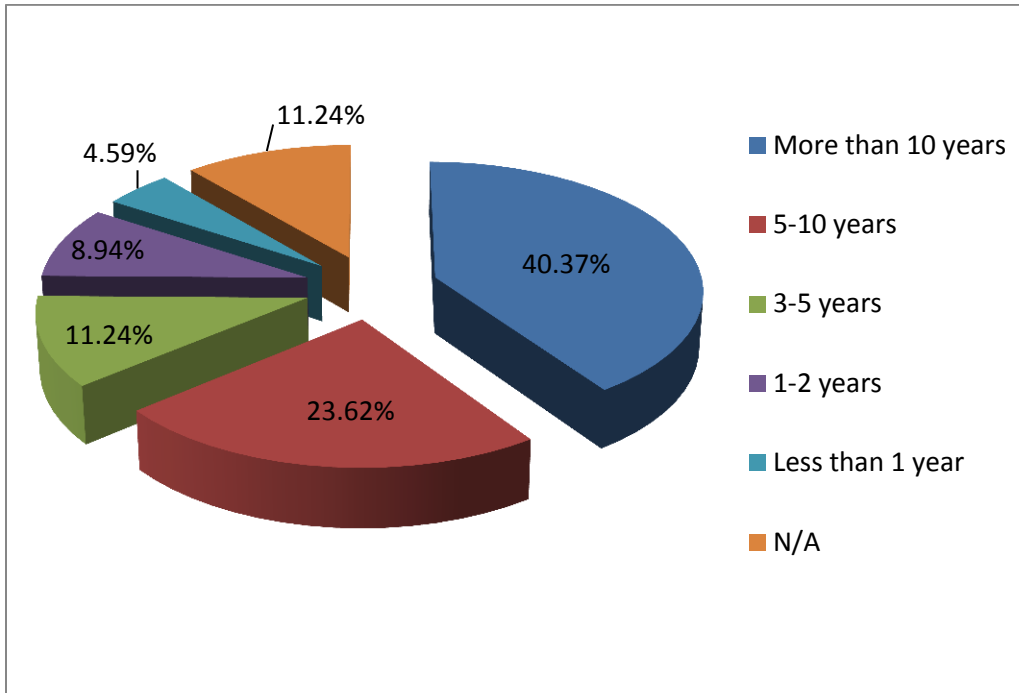
### 3. Age



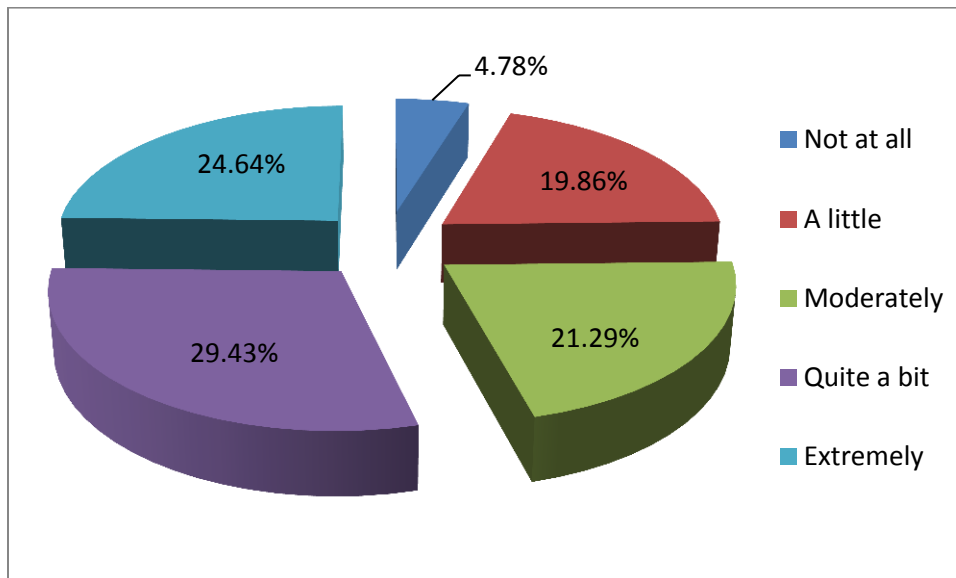
### 4. My current MS classification is:



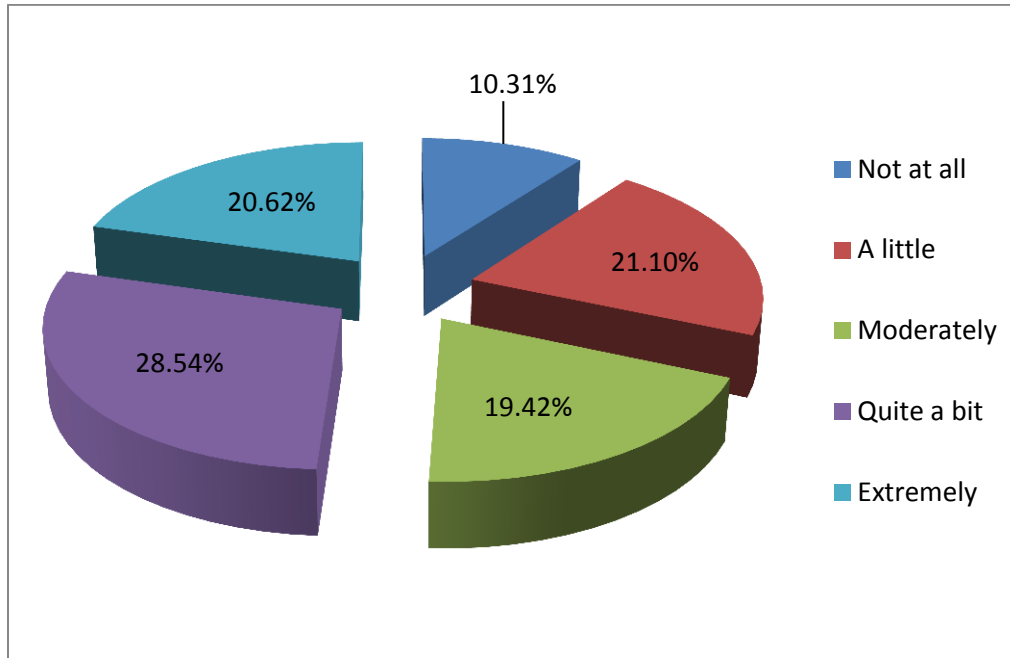
5. Approximately how long ago were you first diagnosed with MS?



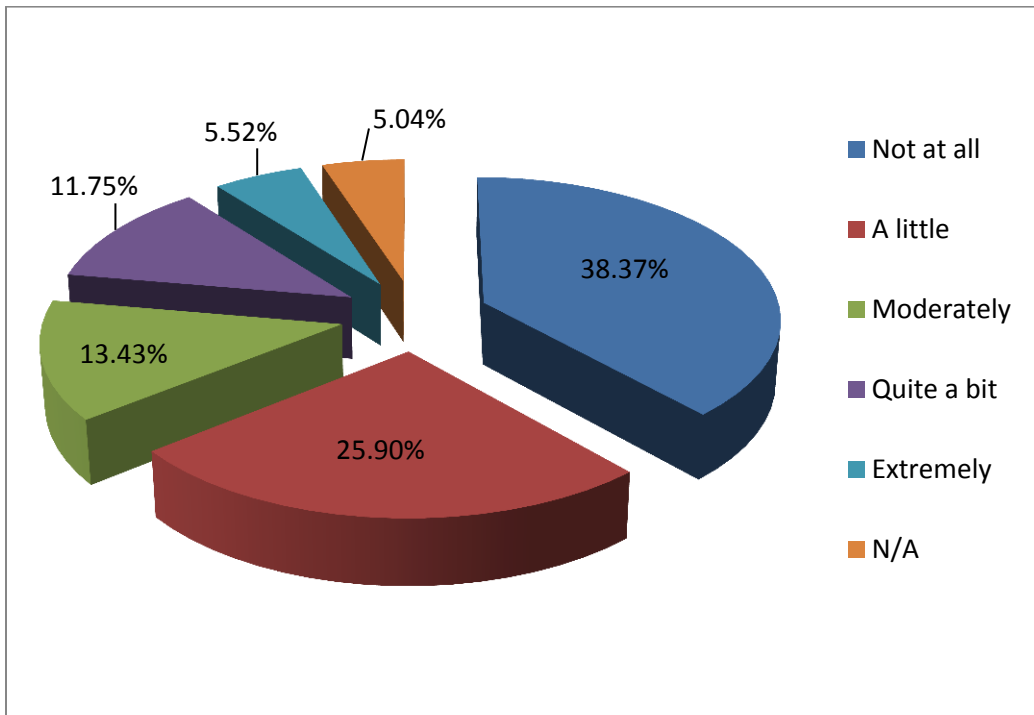
6. Do you have MS-related walking difficulty that has slowed you down?



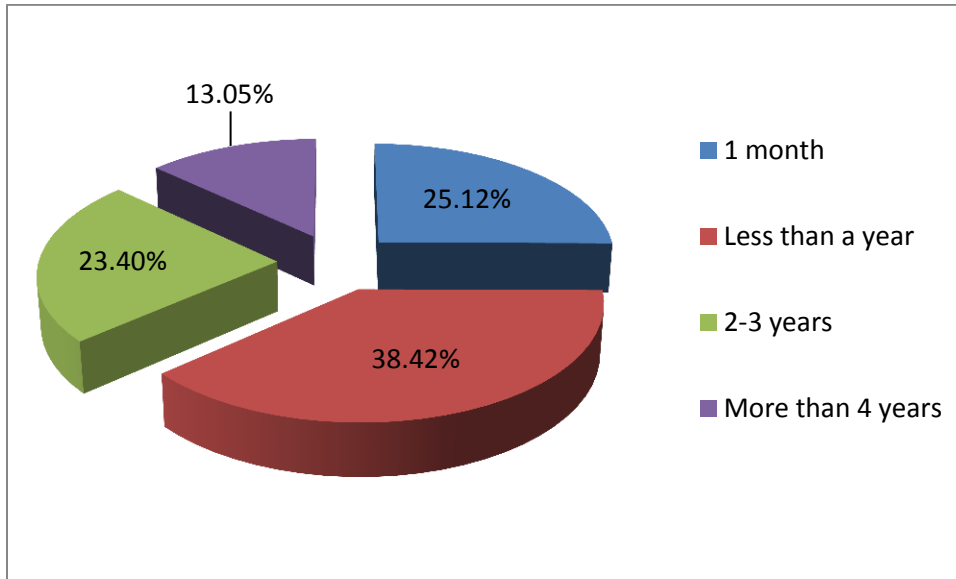
7. Do you find that you are limiting or adjusting your schedule due to changes in your walking speed?



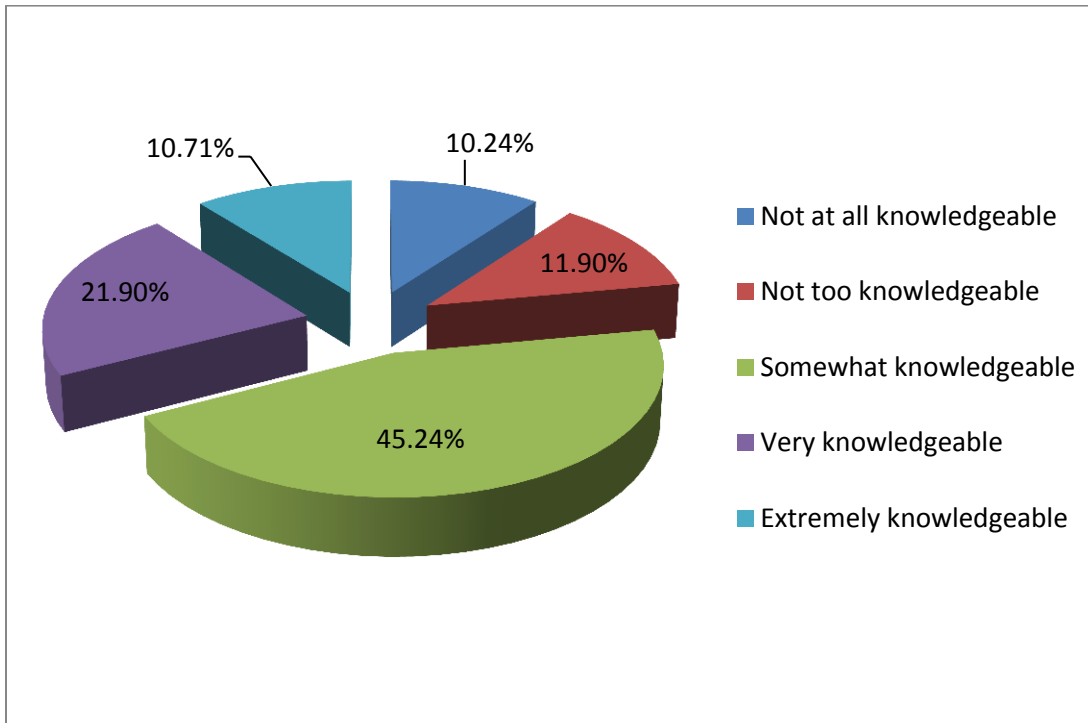
8. Did you notice changes in your walking before your MS diagnosis?



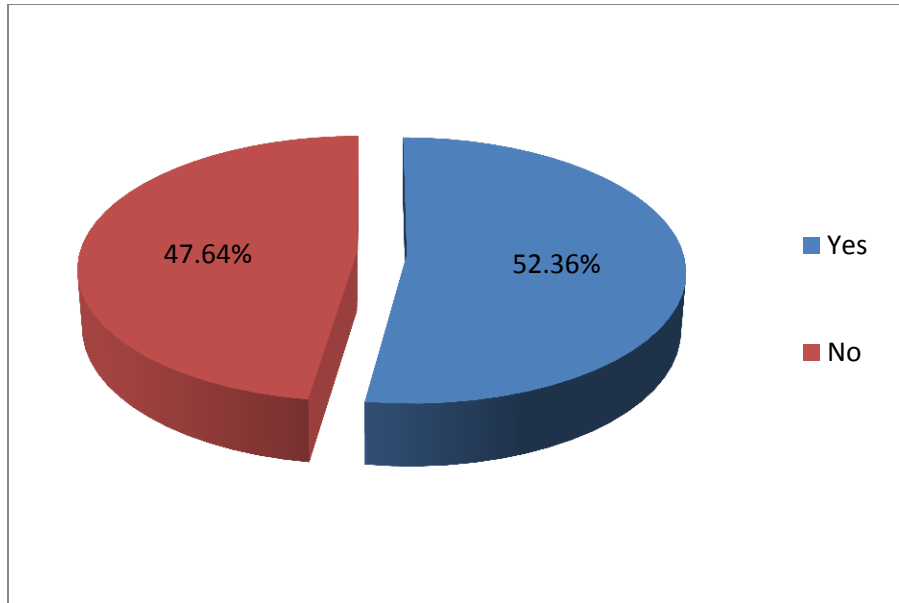
9. How long did you experience walking difficulty before you decided talk to your doctor?



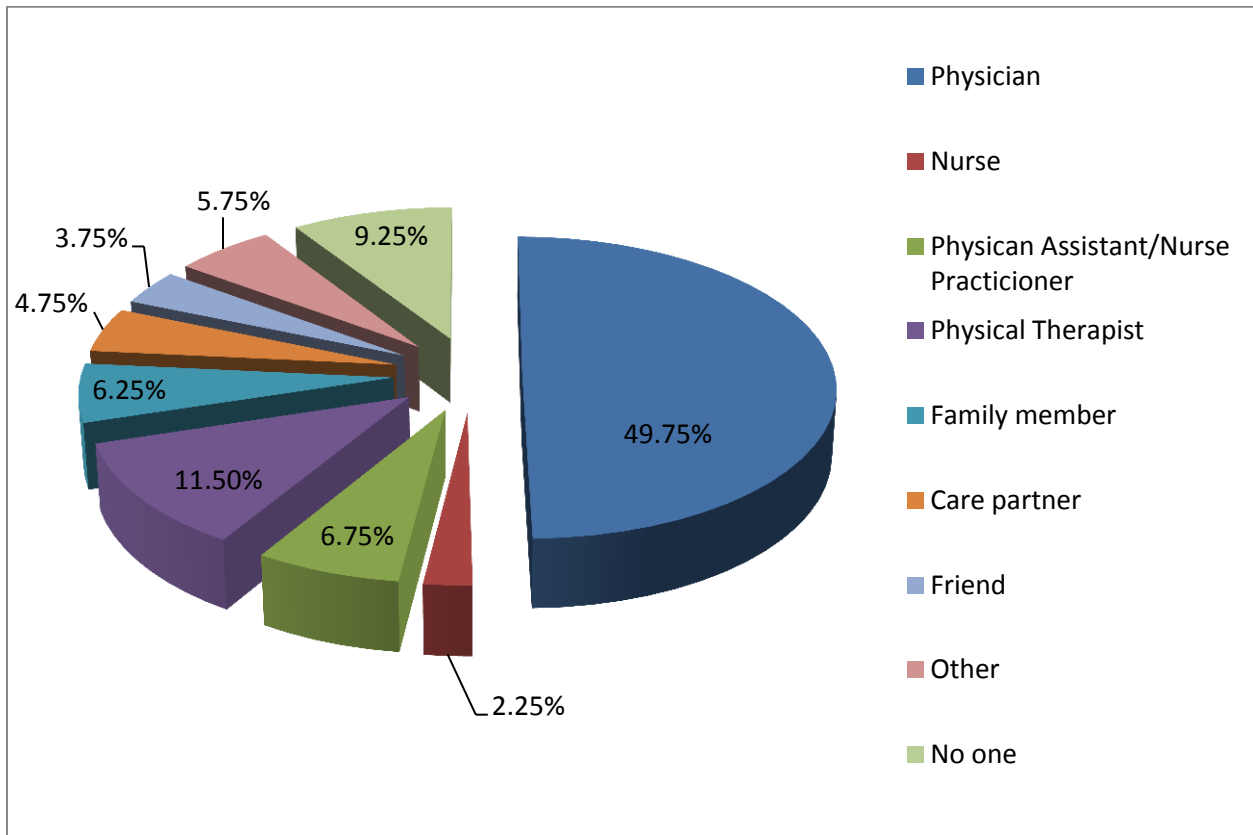
10. How knowledgeable do you feel about walking issues as they relate to MS?



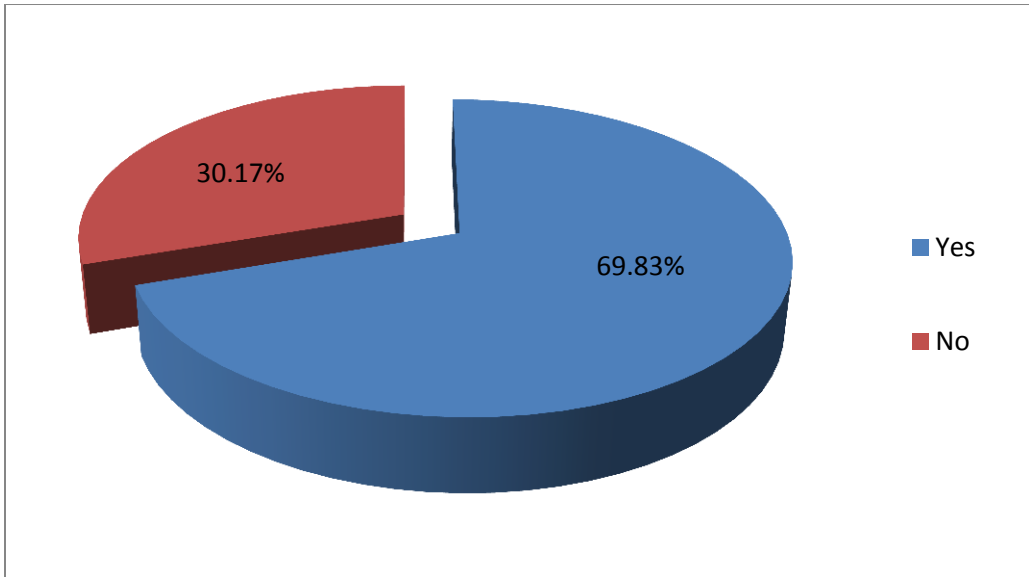
11. In the past six months, have you learned about, heard about, or sought additional information about walking and MS?



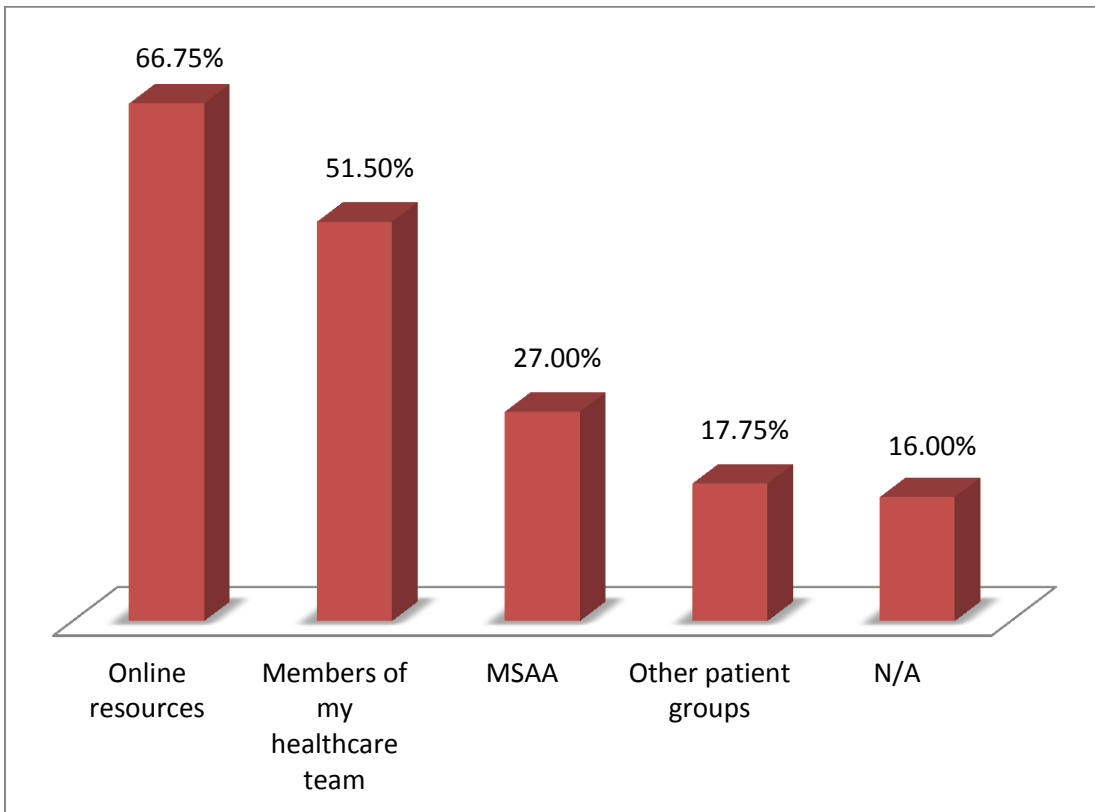
12. Who do you speak to or ask questions about your walking issues and concerns most frequently?



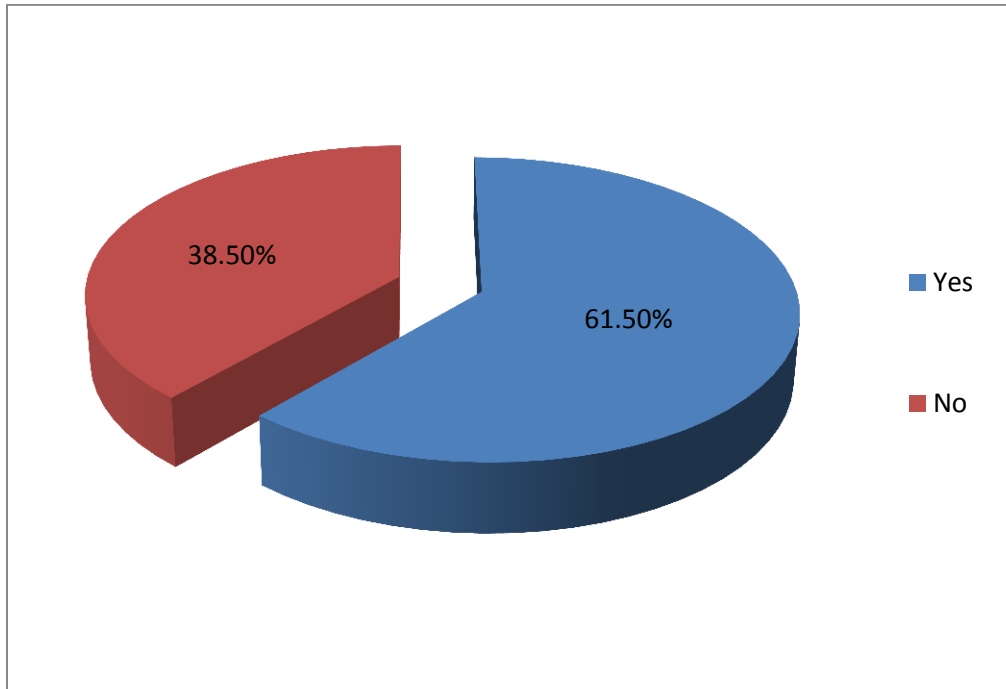
13. Has your neurologist or other member of your healthcare team ever discussed walking issues related to MS with you?



14. I have sought information on walking and MS from: (please check all that apply)



15. Have you ever been referred to a physical therapist as part of the plan to treat your MS?



**Important Note:** The information presented in this report is intended for general educational purposes only, and it does not constitute medical advice. You should not use the information presented as a means of diagnosis or for determining treatment. For diagnosis and treatment options, you are urged to consult your physician. Anyone interested in referencing this data should report the information accurately within the context of this presentation and site the Multiple Sclerosis Association of America as the source.

**About MSAA:** The Multiple Sclerosis Association of America (MSAA) is a leading resource for the entire MS community, improving lives today through vital services and support. MSAA's free programs include a Helpline with trained specialists; award-winning educational videos and publications, including MSAA's magazine, *The Motivator*; safety and mobility equipment distribution; cooling accessories for heat-sensitive individuals; educational programs held across the country; and Lending Library among other services. To learn more, please visit [mymsaa.org](http://mymsaa.org) or call (800) 532-7667.